# MELROSE HIGH SCHOOL CANTEEN MENU TERM 3 2024

### MONDAY RECESS

Cheese and Kimchi Jaffle \$4.50

Jelly Donut French Toast \$5.00 Homemade French toast filled with jelly jam and icing sugar

Egg Cheese and Hash Brown Roll \$6.00 (V

## MONDAY LUNCH

Creamy Pesto Gnocchi \$8.00 Homemade Gnocchi covered in creamy pesto sauce and topped with pine nuts (Contains nuts)

Burgerritos \$6.50 Burrito stuffed full with seasoned beef, tomato, cheese. Lettuce and fries

Homemade Nachos \$6.00 (V)

THURSDAY RECESS Cheese and Kimchi Jaffle \$4.50

Cheesy Pizza Sticks \$6.00 Pizza dough loaded with pepperoni and cheese or black olives (V) Egg Cheese and Hash Brown Roll \$6.00 (V)

## THURSDAY LUNCH

Japanese Curry Ramen Soup \$8.00 Curry Ramen broth topped with crispy beef and pickled ginger

> Loaded Fries \$7.00 Loaded with homemade gravy and cheese

Burgerritos \$6.50 Burrito stuffed full with seasoned beef, tomato, cheese. Lettuce and fries

Pizza – Ham and Pineapple \$4.50 (V)

TUESDAY RECESS Spinach and Feta Scroll \$4.50 Spinach, feta, parmesan, mozzarella and tasty cheeses

The Hawaiian Toastie \$5.00 Ham, cheese and pickled pineapple with a hint of spice

Sweet Chilli Chicken Wrap \$4.50

#### TUESDAY LUNCH

Homemade Butter Chicken \$8.00

Loaded Fries \$7.00 Loaded with homemade gravy and cheese

San Choy Bow Chicken Wrap \$7.00 Toasted wrap filled with chicken, carrot, lettuce, spring onion and chilli with a tasty sauce

Pizza – Cheese and Garlic \$4.50 (V)

## FRIDAY RECESS

The Hawaiian Toastie \$5.00 Ham, cheese and pickled pineapple with a hint of spice

Ham Egg Cheese and Hash Brown Roll \$6.00

Spinach and Feta Scroll \$4.50 Spinach, feta, parmesan, mozzarella and tasty cheeses

#### FRIDAY LUNCH

Homemade Pasta Bolognese \$8.00

The Best Ever Cheeseburger \$7.00 Homemade Beef patty loaded with American cheese, lettuce, tomato, red onion, secret sauce and dill pickles

Wedges and Popcorn Chicken Pots \$6.50

Pizza – The Lot \$4.50

## EVERYDAY

CHEESE AND VEGEMITE SCROLL \$3.00 6 CHICKEN FINGERS \$4.80 CHEESY GARLIC BREAD \$2.50 HAM CHEESE POCKET \$2.00 GARLIC BREAD \$1.00 HOMEMADE BERRY MUFFINS \$3.00 SPRING ROLLS , HASH BROWNS, SPINACH FETA TRIANGLES \$1.30

#### WEDNESDAY RECESS

Mega Ham and Cheese Toastie \$4.50

Ham Egg Cheese and Hash Brown Roll \$6.00

Sweet Chilli Chicken Wrap \$4.50

## WEDNESDAY LUNCH

Cambodian Pepper Beef – Lok Lak \$8.00 Peppered Beef served with rice, lettuce and tomato and traditional dipping sauce

Wedges and Popcorn Chicken Pots \$6.50

Homemade Nachos \$6.00 (V)

Pizza – Margherita \$4.50 (V)

## DRINKS

600ML OAK MILKS \$4.80 300ML OAK MILKS \$3.50 600ML WATER \$2.00 250ML HARVEY FRESH JUICE \$2.50 250ML OAK MILK \$3.00 600ML PLAIN MILK \$3.50 300ML PLAIN MILK \$2.50 GLEE DRINKS \$3.00 500ML OAK THICKSHAKE \$4.80 500ML OAK PROTEIN SHAKE \$4.80

## FROM THE GREEN FRIDGE

Rolls and Wraps Assorted toppings \$6.00 Fresh Fruit Salad \$5.00 Watermelon Tubs \$3.00 Watermelon Slices\$0.50

Lunch orders are available from flexischools.com.au by 9:30am Text 0478 780 362 before 11:30am Email melroselunchorders@gmail.com before 11:30am